

2 PRESCRIPTION MEDICATION

4 PATIENT INFORMATION

18 MELOXICAM 7.5 MG TABLET Rx# 153516118550

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29 **IMPORTANT: HOW TO USE THIS INFORMATION:** This is a
40 summary and does NOT have all possible information about this product.
52 This information does not assure that this product is safe, effective, or
63 appropriate for you. This information is not individual medical advice and
75 does not substitute for the advice of your health care professional. Always
85 ask your health care professional for complete information about this
91 product and your specific health needs.

93 MELOXICAM - ORAL

94 (mel-OX-i-kam)

99 COMMON BRAND NAME(S): Mobic, Vivlodex

106 **WARNING:** Nonsteroidal anti-inflammatory drugs (including meloxicam)
120 may rarely increase the risk of a heart attack or stroke. This effect can
136 happen at any time while taking this drug but is more likely if you take it for
152 a long time. The risk may be greater in older adults or if you have heart
164 disease or increased risk for heart disease (for example, due to smoking,
177 family history of heart disease, or conditions such as high blood pressure or
190 diabetes). Do not take this drug right before or after heart bypass surgery
203 (CABG). Also, this drug may rarely cause serious (rarely fatal) bleeding
214 from the stomach or intestines. This effect can occur without warning
228 symptoms at any time while taking this drug. Older adults may be at higher
239 risk for this effect. (See also: Precautions and Drug Interactions sections.)
253 Stop taking meloxicam and get medical help right away if you notice any of
265 the following rare but serious side effects: bloody or black/tarry stools,

275 persistent stomach/abdominal pain, vomit that looks like coffee grounds,
287 chest/jaw/left arm pain, shortness of breath, unusual sweating, weakness on
299 one side of the body, sudden vision changes, trouble speaking. Talk with
312 your doctor or pharmacist about the risks and benefits of treatment with this
313 medication.

325 **USES:** Meloxicam is used to treat arthritis. It reduces pain, swelling, and
336 stiffness of the joints. Meloxicam is known as a nonsteroidal anti-
349 inflammatory drug (NSAID). If you are treating a chronic condition such as
361 arthritis, ask your doctor about non-drug treatments and/or using other
370 medications to treat your pain. See also: Warning section.

384 **OTHER USES:** This section contains uses of this drug that are not listed in
396 the approved professional labeling for the drug but that may be prescribed
410 by your health care professional. Use this drug for a condition that is listed
424 in this section only if it has been so prescribed by your health care
434 professional. This drug may also be used for gout attacks.

445 **HOW TO USE:** Read the Medication Guide provided by your pharmacist
460 before you start taking meloxicam and each time you get a refill. If you have
472 any questions, ask your doctor or pharmacist. Take this medication by mouth
487 as directed by your doctor, usually once daily. Drink a full glass of water (8
501 ounces/240 milliliters) with it unless your doctor tells you otherwise. Do not
517 lie down for at least 10 minutes after taking this drug. If you are taking the
529 liquid form of this medication, shake the bottle gently before each dose.

541 Carefully measure the dose using a special measuring device/spoon. Do not
555 use a household spoon because you may not get the correct dose. If you are
567 taking the disintegrating tablet, do not remove the tablet from the packaging
583 until you are ready to take it. With dry hands, peel back the foil to carefully
597 remove the tablet. Do not push the tablet through the foil because doing so

612 can damage it. Place the tablet on your tongue right away and allow it to
625 dissolve. After the tablet has melted, it can be swallowed with or without
637 liquid. If stomach upset occurs while taking this medication, take it with
651 food, milk, or an antacid. The dosage is based on your medical condition and
662 response to treatment. The lowest effective dosage should always be used,
676 and only for the prescribed length of time. Do not take more of this
686 medication than prescribed because higher doses increase the chance of
697 stomach ulcers/bleeding. Meloxicam may come in different forms (such as
707 tablet, capsule, liquid, disintegrating tablet). Do not switch between different
720 forms without consulting your doctor. It may take up to two weeks before
735 you get the full benefit of this drug. Use this medication regularly to get the
750 most benefit from it. Remember to use it at the same time each day. Tell
756 your doctor if your condition worsens.

765 **SIDE EFFECTS:** See also: Warning section. Stomach upset, nausea,
778 dizziness, or diarrhea may occur. If any of these effects persist or worsen,
789 tell your doctor or pharmacist promptly. Remember that your doctor has
802 prescribed this medication because he or she has judged that the benefit to
815 you is greater than the risk of side effects. Many people using this
827 medication do not have serious side effects. This medication may raise your
839 blood pressure. Check your blood pressure regularly and tell your doctor if
854 the results are high. Tell your doctor right away if you have any serious side
862 effects, including: easy bruising/bleeding, persistent/severe headache,
874 mental/mood changes, signs of kidney problems (such as change in the
886 amount of urine), unexplained stiff neck, symptoms of heart failure (such as
896 swelling ankles/feet, unusual tiredness, unusual/sudden weight gain). This
908 drug may rarely cause serious (possibly fatal) liver disease. Get medical help
921 right away if you have any symptoms of liver damage, including: dark urine,

930 persistent nausea/vomiting/loss of appetite, stomach/abdominal pain,
943 yellowing eyes/skin. A very serious allergic reaction to this drug is rare.
956 However, get medical help right away if you notice any symptoms of a
965 serious allergic reaction, including: fever, swollen lymph nodes, rash,
975 itching/swelling (especially of the face/tongue/throat), severe dizziness,
989 trouble breathing. This is not a complete list of possible side effects. If you
1001 notice other effects not listed above, contact your doctor or pharmacist. In
1014 the US - Call your doctor for medical advice about side effects. You may
1039 report side effects to FDA at 1800-FDA-1088 or at www.fda.gov/medwatch.
1051 In Canada - Call your doctor for medical advice about side effects. You may
1064 report side effects to Health Canada at 1-866-234-2345.

1074 **PRECAUTIONS:** Before taking meloxicam, tell your doctor or pharmacist if
1089 you are allergic to it; or to aspirin or other NSAIDs (such as ibuprofen,
1101 naproxen, celecoxib); or if you have any other allergies. This product may
1111 contain inactive ingredients, which can cause allergic reactions or other
1122 problems. Talk to your pharmacist for more details. Before using this
1132 medication, tell your doctor or pharmacist your medical history, especially
1144 of: asthma (including a history of worsening breathing after taking aspirin or
1154 other NSAIDs), liver disease, stomach/intestine/esophagus problems (such
1165 as bleeding, ulcers, recurring heartburn), heart disease (such as history of
1176 heart attack), high blood pressure, stroke, blood disorders (such as anemia,
1186 bleeding/clotting problems), growths in the nose (nasal polyps). Kidney
1197 problems can sometimes occur with the use of NSAID medications,
1208 including meloxicam. Problems are more likely to occur if you are
1222 dehydrated, have heart failure or kidney disease, are an older adult, or if you
1233 take certain medications (see also Drug Interactions section). Drink plenty of
1246 fluids as directed by your doctor to prevent dehydration and tell your doctor

1262 right away if you have a change in the amount of urine. This drug may make
1274 you dizzy. Alcohol or marijuana (cannabis) can make you more dizzy. Do
1287 not drive, use machinery, or do anything that needs alertness until you can
1301 do it safely. Talk to your doctor if you are using marijuana (cannabis). This
1312 medication may cause stomach bleeding. Daily use of alcohol and tobacco,
1324 especially when combined with this medication, may increase your risk for
1234 stomach bleeding. Limit alcohol and smoking. Consult your doctor or
1243 pharmacist for more information. The disintegrating tablet form of
1254 meloxicam may contain aspartame. If you have phenylketonuria [fen-l-kee-
1269 toh-noor-ee-uh] (PKU) or any other condition that requires you to
1281 limit/avoid aspartame (or phenylalanine) in your diet, ask your doctor or
1291 pharmacist about using this medication safely. This medication may make
1305 you more sensitive to the sun. Limit your time in the sun. Avoid tanning
1315 booths and sunlamps. Use sunscreen and wear protective clothing when
1328 outdoors. Tell your doctor right away if you get sunburned or have skin
1340 blisters/redness. Before having surgery, tell your doctor or dentist about all
1350 the products you use (including prescription drugs, nonprescription drugs,
1353 and herbal products).